# Coronavirus – (Covid-19) – Information Sheet 1 13th March 2020

Sutton Parish Council (PC) is developing a plan to support people in the village should they need help in the event of the virus affecting the village.

The purpose of this leaflet is to:

- Tell you about the plan
- Ask for your details now, if you wish to give them
- Seek volunteers to undertake the various tasks contained in the plan
- Ask you to let us know of anything else we should include in the plan
- Provide contact information

### The Plan

The plan is still being developed but at this stage it is envisaged that villagers in need will be helped in the following ways:

- Support those who have been told by the NHS to self isolate by:
  - o Maintaining regular contact via telephone or email
  - Doing their shopping for food/essential items and delivering it to their homes
  - o Collecting their prescriptions and delivering them to their homes
  - Looking after their pets and livestock if they are unable to do so themselves
- Provide timely information to Parishioners, using the Village website with links to NHS 111 or Herefordshire Council's, where appropriate.
- Provide written information to those without internet access. If you are self isolated this will be delivered to your door. If you are able to collect it will be available from a number of collection points in the village.
- Keep in contact on a daily basis (by phone or email) with anyone who is self isolating to make sure they are ok and don't need medical attention, and providing a number they can call if they need anything.
- Keep in contact with anyone who lives alone and chooses to self isolate to avoid catching the virus.

It is expected that the plan will continue to be refined in the light of experience and receipt of additional information.

### Information about you

If you think you may wish to receive help and you are willing to provide the information now, the following would be of great help in planning and effective delivery of services:

Name – First name, Surname Age group e.g 50's, 60's Home address Tel. Nos. Email address if you have one Anything else relevant that you would like us to know All personal information will be kept strictly confidential and managed according to the PC's data protection policy.

If you don't want to provide information now you can still seek help at a later date.

Please let us know if you:

- Have been told to self isolate by NHS 111
- Have tested positive for the virus
- Live alone and have decided to self isolate to avoid catching the virus

## Volunteers

We are seeking volunteers for the following roles:

- Act as a point of contact. The PC has a mobile phone and calls to this will be diverted to the volunteers' landline or mobile as they direct. The service will be from 9am to 6pm every day including weekends 5/6 people needed
- Maintaining a database of contact information One person plus reserve
- Taking orders for shopping, prescription collecting etc. A rota of 2/3 people
- Doing shopping, prescription collection etc. and delivering to the individual(s) home. No
  physical contact would be required. The PC will temporarily fund the purchase if the
  individual(s) can't transfer funds electronically. We want to avoid handling cash and
  cheques to limit the risk A rota of 5/6 people
- Making daily contact with self isolated villagers by phone or email, to check that they are OK. – 5/6 people

Should it be needed the PC has a small stock of protective equipment.

## If you would like to volunteer for any of the above roles please **contact Stan Gyford 01432** 880687, 07596 004614, thegyfords@btinternet.com or Keith Lawton on 01432 880817

Training will be given where appropriate. Volunteers will be covered by the PC's insurance but this does not include vehicle insurance.

We are currently investigating which, if any, roles will require CRB checks.

## Anything else we should be doing

Please let us know by via the contact information above.

### **Contact information**

To seek help please ring the Parish Council mobile number 07514 120187

Regular updates will be posted on the village website www.suttonstnicholas.co.uk.

If you don't have internet access and would like written updates please let us know on the contact information number.

Sutton Parish Council