## Are you a Herefordshire Hero?



## Or do you know someone that is?

The Hereford Times has teamed up with The Great British Florist – a Herefordshire business that's taking the country by storm, providing truly stunning bouquets made up of home-grown flowers from its base at Lower Blakemere Farm – to reward a special Herefordshire hero every month with a beautiful bunch of flowers.

Do you know someone who's done something worthwhile. Something selfless that's brought a bit of sunshine into someone else's life?

If so, then simply nominate them as one of our Hereford Times Heroes and it will be their turn to get a special treat - courtesy of The Great British Florist and the Hereford Times.

We are looking for those special people who go out of their way to brighten people's lives, someone who deserves a treat to recognise the fact that they are so important to someone else. It can be good deeds large or small, we want to hear about them all, and the best one each month will receive a stunning Herefordshire bouquet.

Send your nominations to: Hereford Times Heroes Hereford Times Holmer Road Hereford HR4 9UJ



Or by email to fiona.phillips@herefordtimes.com marking Hereford Times Hero in the subject line.

We'll need your nominations as soon as possible so we can reward our first Hereford Times hero with their beautiful Great British Florist bouquet.

The Great British Florist is part of the Wiggly Wigglers enterprise based on Lower Blakemere Farm, and began supplying British Flowers nine years ago as part of its natural gardening business

Proprietor Heather Gorringe said: "We found that people love to buy proper real flowers that vary from bouquet to bouquet, that change through the seasons. It makes a real change from the usual imported mass produced alternative, so in 2012 we decided to focus on British flowers and offer a larger selection and so The Great British Florist was born. Our farm has planted a cutting patch packed with traditional garden flowers to add to the sunflowers, wheat and barley it already produces for the florist."

Log on to http://www.greatbritishflorist.co.uk/ for more information.





**Hereford Times**